

350+AFFIRMATIONS

All About Me

Personal Information Name Class Birthday

How Do You Learn Best?

Rate your learning styles from one to five stars.

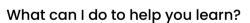
Visual

Auditory

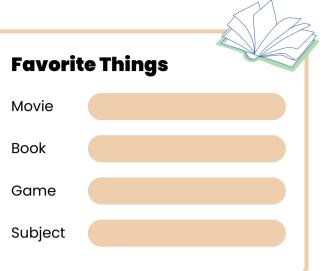
Kinesthetic

Auditory

Your Teacher



What would you like me to know?



Your Strengths

What are some of your biggest academic strengths?

Your Weaknesses

What are some of your biggest academic weaknesses?

- I am worthy of love and acceptance.
- My mind is calm, and my body is relaxed.
- I am in control of my thoughts and emotions.
- Each breath I take fills me with calm and peace.
- I am resilient and can overcome any challenge.
- I trust in my ability to navigate through difficult times.
- my past does not define me, and I create my future.
- My well-being is my priority, and I take care of myself.
- I am surrounded by love and support.

- I am deserving of happiness and joy.
- I focus on what I can control and let go of what I can't.
- I am grateful for the simple pleasures in life.
- The opinions of others do not determine my self-worth.
- I release all negative energy from my mind and body.
- I am proud of who I am becoming.
- My life reflects the positive energy I put into it.
- I am open to new possibilities and embrace change.

- I trust the process of my own healing.
- I am at peace with my past, present, and future.
- I am not alone; I am connected to the universe.
- I am worthy of success and accomplishments.
- I forgive myself for any mistakes and learn from them.
- I am allowed to take breaks and rest when needed.
- I attract positive energy into my life.
- I am surrounded by opportunities for growth and learning.

- I am a magnet for miracles and serendipity.
- I believe in my abilities and potential.
- I release the need for perfection; I am enough as I am.
- I am resilient, and I can bounce back from setbacks.
- I am in control of my happiness.
- My mind is clear, and my thoughts are focused.
- I choose to let go of worry and trust the journey.
- I am a unique and valuable person.
- I am deserving of rest and rejuvenation.

- I am worthy of all the good things life has to offer.
- I am not defined by my mistakes; I am defined by my growth.
- I release fear and embrace love in all aspects of my life.
- I trust the wisdom within me to guide my actions.
- I am open to receiving love and kindness from others.
- I am a source of positivity and inspiration.
- I am free from the past, and I create my future.
- I honor my boundaries and prioritize self-care.
- I am capable of achieving my goals.

- I am worthy of success and abundance in all areas of my life.
- I choose to see the good in myself and others.
- I let go of what I cannot control and focus on what I can.
- I am resilient and can handle whatever comes my way.
- I am at peace with my past and excited for my future.
- I am a magnet for positive energy.
- My thoughts create my reality, and I choose positivity.
- I am a work in progress, and that is okay.
- I am capable of creating the life I desire.

- I trust myself and my intuition.
- I am constantly evolving and growing.
- I am in tune with my body's needs and listen to them.
- I release comparison and embrace my uniqueness.
- I am surrounded by love, light, and positive energy.
- I am deserving of all the good things life has to offer.
- I trust the timing of my life and embrace the present moment.
- I am in control of my reactions and choose peace.
- I let go of what no longer serves me.
- I am a beacon of love and compassion

- I am open to receiving help and support from others.
- I am resilient, and I bounce back from challenges with ease.
- I am proud of my progress and celebrate my achievements.
- I trust the journey, even when I do not understand it.
- I am deserving of love, kindness, and respect.
- I am grounded, and my energy is calm and balanced.
- I release any negative thoughts and welcome positivity.
- I am confident in my ability to overcome obstacles.
- I am worthy of all the good things life has to offer.

- I am a powerful creator, and I manifest my desires.
- I am not my past, and I am free to create a new future.
- I am deserving of rest.
- I am at peace with my journey, and I trust the process.
- I release the need for control and trust in divine timing.
- I am grateful for the lessons that challenges bring.
- I am a beacon of light, spreading positivity wherever I go.
- I am in charge of my thoughts, and I choose positivity.
- I am surrounded by love, and I love and accept myself.

- I trust in my ability to make the right decisions for myself.
- I am a vessel of love and kindness.
- I am resilient, and I can overcome any obstacle.
- I am open to receiving love and abundance.
- I trust in my journey and embrace the unknown.
- I am constantly growing and evolving.
- I release the need for perfection and embrace progress.
- I am deserving of success and happiness.
- I am a source of inspiration for myself and others.

- I am grateful for the gift of each new day.
- I am resilient, and I bounce back from challenges with grace.
- I am capable of handling whatever comes my way.
- I release fear and embrace the power within me.
- I am a magnet for positive energy and good vibes.
- I trust in the process of life and let go of resistance.
- I am deserving of love, kindness, and compassion.
- I am at peace with my past, present, and future.

- I release all self-doubt and embrace confidence.
- I am open to receiving love and abundance in my life.
- I am grateful for the abundance that flows into my life.
- I trust in the natural flow of life and surrender to it.
- I am a beacon of love, and I attract loving relationships.
- I am a magnet for miracles; I expect the unexpected.
- I am in tune with my body, and I honor its needs.
- I am resilient, and I rise above challenges with strength.

- I am surrounded by positive energy and uplifting vibes.
- I am open to the beauty and joy that each moment brings.
- I am worthy of success and fulfillment in my endeavors.
- I am a source of love and light for myself and others.
- I choose to let go of worry and trust the process of life.
- I am confident in my ability to make decisions for myself.
- I release the need for approval from others.
- I am capable of achieving my goals and dreams.

- I am a vessel of peace and serenity.
- I am open to receiving guidance from the universe.
- I am deserving of love and happiness in my relationships.
- I am resilient, and I embrace change with an open heart.
- I am grateful for the wisdom and strength within me.
- I am a magnet for positive opportunities and experiences.
- I am at peace with my past, and I look forward to the future.
- I am confident in my ability to handle challenges.

- I am worthy of respect and appreciation.
- I release the need for control and allow life to unfold naturally.
- I am a beacon of light, spreading love and kindness.
- I trust in the process of life, and I am open to growth.
- I am a masterpiece, a work of art in progress.
- I am deserving of love and acceptance from myself.
- I am in control of my reactions, and I choose peace.
- I am grateful for the positive relationships in my life.

- I am resilient, and I bounce back from setbacks with ease.
- I am open to receiving abundance from expected and unexpected sources.
- I am worthy of success in all areas of my life.
- I am a source of inspiration for myself and others.
- I release all negative thoughts and focus on the positive.
- I am capable of achieving my dreams and aspirations.
- I am grounded, and my energy is calm and centered.
- I am open to receiving love and joy from the universe.

- I am at peace with who I am, and I continue to grow.
- I am surrounded by love, and I give and receive love freely.
- I am resilient, and I can adapt to any situation.
- I am deserving of all the good things life has to offer.
- I am a magnet for positive energy and good vibes.
- I trust in the timing of my life and let go of impatience.
- I am open to new possibilities and welcome change.
- I am confident in my ability to overcome challenges.

- I am grateful for the love and support in my life.
- I am a beacon of light, shining brightly in the world.
- I release the need for perfection and embrace my uniqueness.
- I am worthy of love, kindness, and respect.
- I am resilient, and I bounce back from adversity.
- I am in control of my thoughts, and I choose positivity.
- I am open to receiving love and abundance in all forms.
- I am deserving of rest and relaxation.

- I trust in the journey of my life and let go of fear.
- I am a source of positive energy, radiating joy to others.
- I am capable of handling whatever comes my way.
- I release the need for validation from others.
- I am at peace with my past, present, and future.
- I am worthy of success and accomplishment.
- I am resilient, and I can overcome any challenge.
- I am open to receiving love and support from others.

- I am a magnet for positive experiences and opportunities.
- I am in tune with my intuition and trust its guidance.
- I am deserving of love and happiness in my life.
- I release the need for comparison and embrace my journey.
- I am at peace with my past, and I look forward to the future.
- I am open to the abundance of the universe.
- I am a vessel of peace, and I radiate calmness.
- I am resilient, and I bounce back from challenges with grace.

- I am surrounded by love and positive energy.
- I am worthy of all the good things life has to offer.
- I am a source of inspiration for myself and others.
- I release all self-doubt and embrace my inner strength.
- I am confident in my ability to achieve my goals.
- I am grateful for the present moment and all it brings.
- I am a magnet for positive energy and good vibes.
- I am in control of my thoughts, and choose positivity.

- I am deserving of love, kindness, and respect.
- I trust in the process of life and let go of resistance.
- I am a beacon of love, spreading kindness to others.
- I am open to receiving love and abundance from the universe.
- I am resilient, and I can handle whatever comes my way.
- I am at peace with my past, present, and future.
- I am worthy of success and fulfillment in my life.
- I release the need for perfection and embrace my progress.

- I am capable of achieving my dreams and goals.
- I am a vessel of positivity, and I attract positive experiences.
- I am grateful for the lessons that challenges bring.
- I am in tune with my body's needs and honor them.
- I am deserving of love, happiness, and fulfillment.
- I am open to new possibilities and welcome change.
- I am confident in my ability to overcome obstacles.
- I am resilient, and I bounce back from setbacks with strength.

- I am surrounded by love, and I give and receive it freely.
- I am a magnet for positive energy and good vibes.
- I trust in the wisdom of my higher self to guide me.
- I am at peace with my past, and I embrace the present moment.
- I am worthy of success and accomplishment.
- I am a source of inspiration for myself and others.
- I release all self-doubt and embrace my inner strength.
- I am confident in my ability to achieve my goals.

- I am a magnet for positive energy and good vibes.
- I am in control of my thoughts, and I choose positivity.
- I am deserving of love, kindness, and respect.
- I trust in the process of life and let go of resistance.
- I am a beacon of love, spreading kindness to others.
- I am open to receiving love and abundance from the universe.
- I am resilient, and I can handle whatever comes my way.
- I am at peace with my past, present, and future.

- I am worthy of success and fulfillment in my life.
- I release the need for perfection and embrace my progress.
- I am capable of achieving my dreams and goals.
- I am a vessel of positivity, and I attract positive experiences.
- I am grateful for the lessons that challenges bring.
- I am in tune with my body's needs and honor them.
- I am deserving of love, happiness, and fulfillment.
- I am open to new possibilities and welcome change.

- I am confident in my ability to overcome obstacles.
- I am resilient, and I bounce back from setbacks with strength.
- I am surrounded by love, and I give and receive it freely.
- I am a magnet for positive energy and good vibes.
- I trust in the wisdom of my higher self to guide me.
- I am at peace with my past, and embrace the present moment.
- I am worthy of success and accomplishment.
- I am a source of inspiration for myself and others.

- I release all self-doubt and embrace my inner strength.
- I am confident in my ability to achieve my goals.
- I am grateful for the present moment and all it brings.
- I am a magnet for positive energy and good vibes.
- I am in control of my thoughts, and I choose positivity.
- I am deserving of love, kindness, and respect.
- I trust in the process of life and let go of resistance.
- I am a beacon of love, spreading kindness to others.

- I am open to receiving love and abundance from the universe.
- I am resilient, and I can handle whatever comes my way.
- I am at peace with my past, present, and future.
- I am worthy of success and fulfillment in my life.
- I release the need for perfection and embrace my progress.
- I am capable of achieving my dreams and goals.
- I am a vessel of positivity, and I attract positive experiences.

- I am grateful for the lessons that challenges bring.
- I am in tune with my body's needs and honor them.
- I am deserving of love, happiness, and fulfillment.
- I am open to new possibilities and welcome change.
- I am confident in my ability to overcome obstacles.
- I am resilient, and I bounce back from setbacks with strength.
- I am surrounded by love, and I give and receive it freely.

- I trust in my ability to create positive change in my life.
- I am a beacon of light, and I attract positive experiences.
- I am deserving of love, and I attract loving relationships.
- I am open to the abundance of the universe.
- I am confident in my ability to make empowered choices.
- I release all self-doubt and embrace my inner strength.
- I am a magnet for success, and I attract opportunities.

- I am worthy of happiness and fulfillment.
- I am a vessel of love and compassion.
- I release the need for approval from others.
- I am resilient, and I bounce back from challenges with ease.
- I am open to receiving support from the people around me.
- I am in control of my thoughts, and I choose positivity.
- I am capable of overcoming any obstacles in my path.
- I trust in the process of life and let go of resistance.

- I am a source of inspiration for myself and others.
- I am deserving of love and kindness.
- I am grateful for the lessons that challenges bring.
- I am in tune with my body, and I nurture it with love.
- I am open to new possibilities and welcome change.
- I am confident in my ability to navigate through uncertainty.
- I am resilient, and I embrace the power within me.
- I am surrounded by positive energy, and it uplifts me.

- I am worthy of success and achievement.
 - I release all fear and trust in the journey of life.
- I am a magnet for positive transformations.
- I am at peace with my past, present, and future.
- I am open to receiving the gifts of each moment.
- I am a vessel of peace, and I share it with the world.
- I am deserving of love and respect from myself and others.

- I am grateful for the beauty that surrounds me.
- I am a beacon of light, spreading joy to those around me.
- I release the need for control and embrace the flow of life.
- I am capable of achieving my goals and dreams.
- I am open to the positive possibilities that each day brings.
- I am resilient, and I adapt to change with ease.
- I am in control of my reactions, and choose peace.

- I am deserving of all the good things life has to offer.
- I am a source of inspiration for myself and others.
- I release all self-doubt and trust in my abilities.
- I am confident in my ability to make wise decisions.
- I am grateful for the love and support in my life.
- I am a magnet for positive energy and good vibes.
- I am at peace with my past, and embrace the present moment.

- I am worthy of success and fulfillment.
- I release the need for perfection and embrace my imperfections.
- I am capable of handling whatever comes my way.
- I am a vessel of love and positivity.
- I trust in the wisdom of my intuition to guide me.
- I am deserving of love, and I attract it effortlessly.
- I am open to receiving the abundance of the universe.
- I am confident in my ability to learn and grow.

- I am at peace with my journey, and I trust the process.
- am a source of strength and support for myself.
- I release the need for comparison and celebrate my uniqueness.
- I am resilient, and I bounce back from challenges with strength.
- I am surrounded by love, and it fills my heart with gratitude.
- I am open to the positive possibilities that lie ahead.
- I am worthy of success, and I pursue my goals with determination.

- I am a magnet for positive relationships and connections.
- I am in control of my thoughts, and I choose optimism.
- I am deserving of love, respect, and kindness.
- I trust in the timing of my life and let go of impatience.
- I am a beacon of light, spreading positivity wherever I go.
- I am confident in my ability to handle challenges with grace.
- I am open to the healing energy of the universe.
- I am grateful for the simple joys that bring me happiness.

- I am resilient, and I face adversity with courage.
- I am at peace with my past, and I focus on the present.
- I am capable of achieving my dreams and aspirations.
- I am a vessel of love, and I share it generously with others.
- I release all worries and trust in the divine plan for my life.
- I am worthy of success and accomplishments.
- I am open to receiving guidance and support from others.
- I am confident in my ability to overcome any challenges.

- I am a magnet for positive energy and good experiences.
- I am in control of my responses, and I choose peace.
- I am deserving of all the good things life has to offer.
- I am a source of inspiration for those around me.
- I release all negative thoughts and embrace positivity.
- I am grateful for the growth and learning in my journey.
- I am a vessel of love, and I radiate love to the world.
- I am open to receiving love and abundance from the universe.

- I am resilient, and I face difficulties with strength.
- I am at peace with my past, present, and future.
- I am worthy of success and fulfillment.
- I release the need for perfection and embrace progress.
- I am capable of achieving my dreams and goals.
- I am a vessel of positivity, and I attract positive experiences.
- I am grateful for the lessons that challenges bring.
- I am in tune with my body's needs and honor them.

- I am open to new possibilities and welcome change.
 - I am confident in my ability to overcome obstacles.
- I am resilient, and I bounce back from setbacks with strength.
- I am surrounded by love, and I give and receive it freely.
- I am a magnet for positive energy and good vibes.
- I trust in the wisdom of my higher self to guide me.
- I am open to the flow of positive energy in my life.
- I am deserving of peace and tranquility.

- I am a beacon of love and light in the world.
- I trust the process of my personal growth.
- I am resilient, and I learn from every experience.
- I am open to receiving the abundance of the universe.
- I am surrounded by supportive and uplifting people.
- I am confident in my ability to handle challenges gracefully.
- I am worthy of love, and I allow it to fill my heart.
- I am at peace with my past, and \(\) welcome positive change.

- I am capable of creating a life I love.
- I trust in the infinite possibilities that each day holds.
- I am a source of inspiration for those around me.
- I release the need for perfection and embrace my uniqueness.
- I am deserving of success, and I attract it effortlessly.
- I am in control of my thoughts, and I choose positivity.
- I am a magnet for miracles and serendipitous moments.
- I am resilient, and I rise above challenges with grace.

