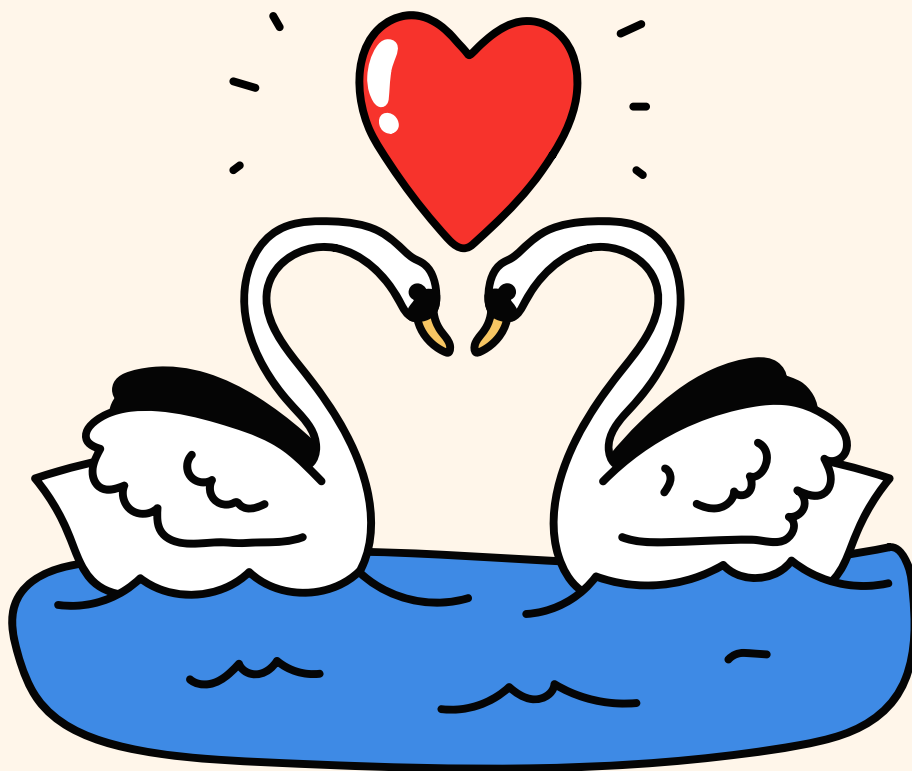


100
Relationship
Prompts





This Book Belongs To



Relationship Prompts

1) Who Would You Do It With?

2) add question?

3) How do you envision the future? 2 Years? 5 years? 10 years?

4) What goals do you have as an individual and how do I best encourage you on that journey?

5) What makes you feel seen and heard.

6) What is your conflict style?

7) What do you see as your biggest weakness?

8) What do you see as your greatest strength?

9) Does competitive nature ever impact our relationship from either one of us?

10) How do you see yourself as an individual vs in this partnership?

11) How do you spend holidays? What are traditions you want to continue in adulthood?

12) How do you take the time for personal self care. How can I help you get that time?

13) What helps you feel restored? Do you want to do that independently?

14) What is your favorite childhood memory?

15) What qualities do you see in yourself that you want to work on?

16) Have you ever felt hurt by me and it hasn't been resolved?

17) How can we continue to take time for each other in our week?

Relationship Prompts

- 18) What does happiness mean to you and would you say you feel happy in life currently?
- 19) What is a pet peeve you have that is reoccurring?
- 20) What is a household task you can't stand and one you are willing to trade?
- 21) What do you need in your space to make it feel welcoming?
- 22) How do you feel about time?
- 23) What is a guilty pleasure you have?
- 24) What would be a perfect date night for you?
- 25) What do you love about yourself?
- 26) What is a fantasy of yours?
- 27) How does religion play a role in our relationship?
- 28) What do you want to do together one day?
- 29) Do you think we make each other better people?
- 30) Do we spend enough time together in the week?
- 31) Do we spend enough time on our own or with friends in the week?
- 32) Is there an equal balance of responsibilities?
- 55) How do you feel our communication has been?
- 34) is there anything that you have done that you feel hurt went unnoticed?

Relationship Prompts

- 35) How can we communicate better?
- 36) How can we argue without damaging our relationship?
- 37) What has been a big blessing in your life?
- 38) What was your first impressions of me?
- 39) What is one of the best memories you have of this relationship?
- 40) What is one thing that you haven't told me but I should know?
- 41) What does this relationship mean to you?
- 42) What does love mean to you? How does your definition impact our relationship?
- 43) What items are important to you? What value do they have?
- 44) Are you better at spending or saving? How do we handle finances jointly?
- 45) How do you spend your time when you are on your own?
- 46) How has your life changed since we have been in this partnership?
- 47) How do you feel about our family's influence in this relationship?
- 48) Do you commonly hold your emotions in instead of communicating them?
- 49) How do you process your emotions and thoughts? Do you need space?
- 50) Are you getting enough sleep? Is it quality sleep?

Relationship Prompts

- 51) Do you want children? If yes, how many?
- 52) If you do want kids, when do you think you want to start trying?
- 53) What projects can we do together?
- 54) Do you have any projects you want to do on your own?
- 55) How can we be more intentionally together and take time away from distractions?
- 56) If you could have one dream come true, what would you want to do?
- 57) Do you feel like you have enough time with your friends?
- 58) If you could change one thing about our relationship, what would you want to change?
- 59) How can we address our problems respectfully?
- 60) What is important to you?
- 61) What relationships in your life have not received enough time lately?
- 62) How has work been for you recently?
- 63) Do you feel like you are able to revive yourself while being at home?
- 64) Are your needs being met?
- 66) How can we be more open with each other?
- 67) How do you want to raise children? What values are important to you?
- 68) How involved should our families be in our life? What are lines that need to be drawn?

Relationship Prompts

69) When did you know you wanted to be in a relationship with me?

70) When did you know you loved me?

71) What can be done to constantly work on trust in the relationship?

72) How do you make me feel protected and safe?

75) What is a physical feature you have that you admire?

74) How do your past relationships play a role on our relationship?

75) Is there something that I do that makes you feel angry?

76) How would our relationship be different if we didn't have to worry about money?

77) Do you think of yourself as an open person?

78) What is a trait that I have that you struggle with at times?

79) If we switched lives for the day, what do you think you would learn?

80) How can we depend on each other through difficult times?

81) What would you consider your type to be?

82) How did your childhood shape the person you are today?

85) What do you want to work on together?

84) What physical feature are you most attracted to?

85) Where do you feel you are mentally?

86) Are you taking the time to work on your mental health?

Relationship Prompts

87) Who are key players in your life?

88) What is something you have always wanted to do that you haven't had a chance to as of yet?

89) If you could pick a superpower, which one would you choose?

90) What is your favorite childhood memory?

91) Who was your greatest influence in your childhood?

92) If you lived the life you thought you wanted, how would life look like in comparison?

95) What lessons have you learned throughout your life?

94) What values do you aspire for people to associate with yourself?

95) What do you wish more people knew about you?

96) Describe your perfect day to me. How can we make it a reality?

97) Do we push each other to expand our thoughts and views of the world?

98) Are we positive influences for each other?

99) How do our visions intersect?

100] How do you feel about the relationship moving forward?

